

# **Fastest Way to Prepare**

(Print out and complete before Module 1)

**Step 1:** Get the following documents together. Start with the quickest and easiest. Draw a line through the items as you complete them. Do what you can as quick as you can & pick up the rest as time allows.

## **Important Contacts**

- Phone/email list, including out of state contacts. Not everyone you know...just 5-20 important numbers.

## **Identification**

- Drivers Licenses
- Passports
- Social Security Cards
- Birth Certificates
- Family photos that show everyone together

## **Medical**

- Prescriptions
- Doctor contact information
- Copies of medical records

## **Insurance**

- Automobile title, registration, and insurance
- Homeowners insurance coverage or rental coverage
- Medical insurance coverage
- Life insurance coverage

## **Legal Documents/Important Documents**

- Licenses/Certifications/Degrees (Military, LEO, Medical, Firearms, etc.)
- List of account numbers for banks & credit/debit cards & contact information (from statements)
- Mortgage, deed to house, rental agreement, closing documents from title company
- Property Tax statement
- Utility statements
- Wills
- Powers Of Attorney (for you and/or elderly parents)
- Directive To Physicians

## **For Children/Pets**

- Children's fingerprint cards (Most police departments will do this for you without keeping a copy)
- Children's school registration or school contact information
- Pet registration and vaccination record with Vet contact information

Go to the Resources Tab and print out and fill out the "Family Emergency Plan" worksheet and wallet cards.

Please note: This list of items would obviously be a cookie jar for a criminal, so once you've got it all together, make sure that you keep the items safe. If possible, copy, scan, and/or photograph everything.

**Step 2:** If you have GO bags, 72 hour kits, or even first aid kits, go through them.

**Cross off items as you complete them:**

- Make sure they're fully stocked. If not, make a list of what you need. (on the back of this sheet if necessary.)
- Check expiration dates. If items are expired, decide whether to replace or risk.
- Check tape. If it's “decomposed”, add it to your list of items.
- Check bandaids. If the packaging has opened or if the adhesive has stopped working, add bandaids to your list.
- Touch and feel every item. If they have degraded, add to the list to replace.
- Check batteries.
- Test radios.
- Make sure that flashlights, radios, and other battery powered items have the batteries removed. Clean or replace if you find corrosion.
- Test all reusable items (lighters, radios, flashlights, multi-tools, etc.) to make sure they work.
- If you have matches, test until you get one to light and stay lit.

### **Step 3: Email me Three Goals for This Course.**

Let me know your 3 main goals for this course and why it's important that you achieve these goals.

Please note: This is more important than you can imagine. First, whenever you encounter obstacles in life, just having goals won't get you through the obstacles...it's the combination of goals and the emotion behind the goals, or the “why” that will get you through. You understand the risks that we're facing enough to have signed up for this course. This simple step will help make sure that you complete the course and get yourself prepared for 40 days and 40 nights.

This will also let me know what your expectations are for the course and help me tailor the content and possibly include additional modules if necessary.

Once you get them figured out, send your goals and reasons for your goals to me at [David@SurviveInPlace.com](mailto:David@SurviveInPlace.com) and put “4040 goals” in the subject line.